



↘ How to Prepare an Emergency Supply Kit

A basic emergency supply kit should include:

- Water, at least three gallons per person for drinking and sanitation
- Food, at least a three-day supply of food that does not need electricity for storage or for preparation
- Pet supplies for at least five days
- Manual can opener for food (if kit contains canned food)
- Battery-powered or hand-crank radio and a weather alerting radio with tone alert
- Flashlight
- Extra batteries for the radio and flashlight
- First aid kit
- Prescription medicines and eyewear

Additional items to consider adding to your kit:

- Baby formula and diapers
- Copies of important documents, such as insurance policies, identification and bank account records, in a waterproof, portable container
- Cash in small denominations or traveler's checks and change
- Household chlorine bleach and medicine dropper (when diluted in water, bleach can be used to kill germs)
- Feminine supplies and personal hygiene items radio with tone alert
- Paper cups, plates and plastic knives, forks and spoons, paper towels
- Paper and pencil
- Books, games, puzzles or other activities for children



For more information

www.makeaplan.org

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